



VISION

*A Gender-Inclusive
Polytechnic Institute with
innovation centers designed
to produce smart and future-
ready graduates.*

MISSION

*To provide relevant,
accessible and responsive
TVET programs that will mold
competent and future-ready-
workers, managers, and
entrepreneurs.*



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HILOT (WELLNESS MASSAGE) NC II - 120 HOURS



**TECHNICAL EDUCATION
AND SKILLS DEVELOPMENT
AUTHORITY**

**REGIONAL TRAINING CENTER
ZAMBOANGA PENINSULA**

HILOT (WELLNESS MASSAGE) NC II

This HILOT (WELLNESS MASSAGE) NC II Qualification consists of competencies that a person must achieve to plan the hilot wellness program of client/s, provide pre-service to client/s, apply hilot wellness massage techniques and provide post-advice on post-services to clients.

REGISTER NOW!

BE PART OF TESDA!



✓ BASIC COMPETENCIES

- Participate in workplace communication
- Work in team environment
- Solve/address general workplace problems
- Develop career and life decisions
- Contribute to workplace innovations
- present relevant information
- practice occupational safety and health policies and procedures
- exercise efficient and effective sustainable practices in the workplace
- Practice entrepreneurial skills in the workplace

✓ COMMON COMPETENCIES

- Implement and monitor infection control policies and procedures
- Respond effectively to difficult / challenging behavior
- Apply basic first aid
- Maintain high standard of patient/client services

✓ CORE COMPETENCIES

- Plan the hilot wellness program of clients
- Provide pre-service to clients
- Apply hilot wellness techniques
- Provide advice on post hilot wellness services

TRAINEE'S ENTRY REQUIREMENTS

- 18 years old and above
- Must pass the personality / aptitude test
- Can communicate effectively both oral and written form
- Physically, emotionally and mentally fit
- Good moral character



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